



TURKEY & BACON COBB SALAD

PORTION
SIZE:
1 SERVING

Ingredients (yields 50 servings)	Quantity
JENNIE-O® Turkey Bacon, 271106, 12/50 ct., frozen	100 slices
JENNIE-O® Oven Roasted Sliced Turkey, 3.0 oz., 209903, 12/1 lb., frozen	150 slices
Chopped romaine lettuce	9 lb. 4¼ oz.
Shredded cheddar cheese	1 lb. 9 oz.
Cherry tomatoes	3 qt. ½ c.
Hard boiled eggs	25 eggs

Directions

To assemble salad, layer ingredients into clam shell or 16-oz. bowl container:

1. Start with 1½ c. of chopped romaine lettuce.
2. Add three rolled slices of oven roasted turkey.
3. Add two slices of chopped turkey bacon.
4. Place two quarters of hard-boiled egg.
5. Add three cherry tomatoes.
6. Sprinkle ½ oz. of shredded cheddar cheese.

Offer each student one (1) Turkey Bacon Cobb Salad to provide 2¼ oz. eq. M/MA, ¾ oz. eq. Vegetable, Dark Green, and ¼ c. Vegetable, Red/Orange.

3 oven roasted turkey slices provides 1.0 oz. meat/meat alternate
 2 turkey bacon slices provides ¼ oz. meat/meat alternate
 ½ oz. cheddar cheese provides ½ oz. meat/meat alternate
 ½ hard boiled egg provides ½ oz. meat/meat alternate
 1½ c. romaine lettuce provides ¾ oz. dark green vegetable
 ¼ c. cherry tomatoes provides ¼ c. red/orange vegetable

For preparation by a food preparation establishment only,
 according to the food code or equivalent.

*Indicates missing Nutrient Information.

Nutrients Per Serving

Calories	202 cal	Sodium	569 mg	Calcium	44 mg*
Fat	11 g	Carbohydrates	5 g	Vitamin A	311 iu*
Saturated Fat	3 g	Dietary Fiber	2 g	Vitamin C	13 mg*
Trans Fat	0 g	Protein	20 g	Vitamin D	0.6 mcg*
Cholesterol	138 mg	Iron	2 mg*		

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